



THE COPPERMINES  
LAKES COTTAGES

# Grizedale Stages Rally 2022



ROAD BOOK

Friday 2nd & Saturday 3rd December 2022

[www.grizedalestages.co.uk](http://www.grizedalestages.co.uk)

Furness District Motor Club Ltd





# THE COPPERMINES LAKES COTTAGES

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# Grizedale Stages 2022

## Welcome

Welcome to the Grizedale Stages 2022

### 1. Accident & Safety Procedure (Motorsport UK Regulation R25.4)

If you stop in a special stage, either through mechanical breakdown or accident, you **MUST**;  
Either;

a. If you are okay;

- Press the "Okay" (Green) button on your tracker.
- Display your "OK" board to ALL following competitors.
- Place your warning triangle (even if your car is off the track) in a conspicuous position at least 100m prior to your location, as soon as practical.
- Report your situation and location to the nearest Radio Marshal. If you cannot reach a Radio Marshal telephone Rally Control 07790 340952 (tel. number at the footer of every page in this Road Book)
- You may be contacted by Rally Control by telephone. Be ready to take the call.

Or

b. If you are in need of urgent medical assistance;

- Press the "SOS" (Red) button on your tracker.
- Display your "SOS" board to ALL following competitors.
- ALL following competitors **MUST** stop when they see your "SOS" board. The first competitor should give assistance, the second competitor should ascertain the situation and location and must report to the next radio point (indicated in this Road Book), subsequent competitors must leave a clear route for emergency vehicles.
- You may be contacted by Rally Control by telephone. Be ready to take the call.

If you are on a stage and see a major accident where both crew members are still in the car but not displaying the SOS board, you **MUST** stop to give assistance. (Treat the situation as if you have seen an SOS board displayed).

All competitors are required to carry an A4-size OK/SOS board and a Red Warning Triangle.

You are reminded that information given to Marshals or Officials regarding the display of an OK/SOS board must always be **FACTUAL** and **ACCURATE**. No information is better than false or inaccurate information. Please only report what you have actually seen; if you did not see anything, say so.



Should it not be possible, for whatever reason, to display the OK/SOS board in any of the above situations, this may be replaced by an evident and clearly understandable sign language shown by the crew outside of the car:

- an arm and thumb up to indicate “OK”
- crossed arms above the head to indicate “SOS”.



## 2. Red Flag Procedure

If a serious incident occurs which requires urgent medical assistance, a “Red Flag” system will be implemented. This will be in operation on all stages. This gives competitors advance warning that there is a serious incidence ahead and allows Rally Control to release the Rescue/Doctor unit from the Start or Mid-point to attend the incident whilst the stage still has competitors on it.

A Red flag will only be displayed by a Marshal, wearing a marshals tabard, at mandatory radio locations (Motorsport UK R29.5) which are marked in the Road Book (⚡) and by boards on the stage.

If you are shown a Red Flag you MUST;

- Immediately and significantly reduce speed.
- Be prepared to stop at any time.
- Not overtake any safety vehicle you encounter on the stage.
- Follow the instructions of any marshals/stage safety personnel.
- Maintain a reduced speed until leaving the stage.

Failure to comply will incur a penalty at the discretion of the Clerk of the Course.

If you are shown a Red Flag you will be given a notional time as stipulated in Motorsport UK R24.5, R24.5.1, R24.5.2.

***Due to the obvious safety implications of the OK/SOS board protocols and the Red Flag procedure, it is essential that both driver and navigator are fully aware of what to do if these situations are encountered.***

### 3. First Competitor on Scene

If the competitor is still in the vehicle and the vehicle is on fire GET THEM OUT IMMEDIATELY.

If the competitor is still in the vehicle, is responsive and there is no risk of fire:

- Approach from the front, look them in the eyes
- Do they seem aware of their surroundings?
- Speak to them, ask their name - do they respond?
- Any pain, loss of feeling - if yes keep them where they are!
- Keep them calm and keep them talking.
- DO NOT MOVE THEM UNTIL PROFESSIONAL HELP ARRIVES.
- Do nothing else

If the competitor is still in the vehicle, is unresponsive and there is no risk of fire:

- Stop any life-threatening bleeding by applying direct pressure/ plugging the wound
- Ensure an open airway
- Immobilise the head and c-spine (neck)
- Check if they are breathing
- Treat any non-life-threatening bleeding

DO NOT REMOVE THEIR HELMET UNLESS THERE IS NO OTHER WAY TO ENSURE AN OPEN AIRWAY.

If the competitor is out of the vehicle:

- Do not grab hold of them - they might be unaware of what is happening and become combative.
- Guide them to a place of safety away from the incident and other competitors.
- Speak to them, ask if they are OK?
- Keep someone with them.
- Once in a safe place, assess them for injuries:
  - Are they aware of their surroundings?
  - Any signs of injury / are they experiencing pain?
  - DO NOT LET THEM WANDER AROUND, BUT KEEP THEM UNDER OBSERVATION

Afterwards please write a short report for the organisers and either hand it to the first control official that you reach or to the Competitor Relations Officer. This report should cover the facts as you know them and include times of the incident starting and when you left the scene; always include your own details so that the organisers can, if necessary, contact you.

### 4. Road Book

This Road Book contains the complete route information for the rally.

Not all junctions have been included in this road book. Where there is no instruction given continue along the road on which you are travelling. Names and signposts were those displayed at the time of route survey and the organisers will not accept any liability for

subsequent changes.

## 5. Driving Standards

Grizedale is in a PR sensitive area. Please help us to maintain the good reputation and relations that we have developed over many years. Competitors and their associated crews must act in a responsible manner on the road and treat other road users and local residents with respect.

We have graphic examples of the impact the National Park Authority has had on sports that have failed to adequately manage themselves, and we do not intend rallying to be next. For this reason we will take an extremely serious view of any breaches of these regulations

## 6. Timing

Competitors are reminded that maximum permitted lateness is 15 minutes between MTC1 and MTC2 (start and finish Friday), and 15 minutes between MTC3 and MTC4 (start and finish Saturday)

## 7. Service

### 7.1 Main Service

There is one service halt of 45 minutes on Saturday morning between Stage 3 and Stage 4 at Skelwith Fold.

Two categories of vehicle will be allowed into the service area;

- Competitors
- Service vehicles

***There will be no Auxiliary Service or Management cars allowed on the event***

***ANYONE FOUND CONTRAVENING ANY OF THE ABOVE POINTS***

***MIGHT FACE DISQUALIFICATION!***

## 8. Retirements

Please phone Rally HQ if you retire, then ensure that you return your damage declaration form and Tracker.

## 9. Results Queries

Any results queries should be made in writing on the form provided at the back of this road book, hand it in at the Rally Assistance desk in Rally HQ. The reply will be posted on the official notice board, please remember that a query is not a protest or appeal.



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## 10.Recovery

Competitors who have retired will be recovered as soon as practicable to one of the 8 Rendezvous Points

N°	Name	OS Grid	Nearest Postcode	What Three Words
1	Entrance to Forest at The Heald, on the East of Lake road, South of Brantwood	SD 30803 94517	LA21 8AD	///addicted.crabmeat.laws
2*	Grizedale Visitor Centre	SD 33572 94361	LA22 0QJ	///cheerful.alongside.suits
3*	Entrance to Forest at Moor Top on the Hawkshead to Satterthwaite Road	SD 34280 96489	LA22 0QQ	///super.wisdom.villager
4	Entrance to Forest at Tinklers Wood, off the B5285, towards Atkinson Ground	SD 32560 98185	LA21 8AF	///grapevine.unearthly.mothering
7*	Entrance to Forest at Low Bowkerstead, south of Satterthwaite	SD 33604 91509	LA12 8LL	///business.workroom.weeded
8	Entrance to the Forest at High Cross on the B5285	SD 33224 98643	LA22 0PP	///warping.rich.coil
9*	Entrance to Forest at Blind Lane, east of Force Mills	SD 34530 91314	LA12 8LQ	///unusable.squirted.puzzles

\*RV's 2, 3, 7 and 9 MUST be approached via Dale Park (LA12 8LJ, ///roughest.samples.honey) and NOT via Roger Ground (LA22 0PZ, ///knee.dugouts.heads)

## 11.Official Notice Board

The official notice board and results can be found on the Sportity App



***Finally have a safe and enjoyable day.***

# Competitor Time Schedule

## Coppermines Grizedale Stages Rally 2022

v6.0

13-Nov-2022

Friday, 2 December 2022

TC	Location	SS Dist.	Liaison Dist.	Total Dist.	Target Time	First Car Due
SS		Miles	Miles	Miles		
<b>RZ 1</b>	<i>Distance to next refuel</i>	-	-	-		
		(4.79)	(14.04)	(18.83)		
MTC 1	Rydal Road - Ambleside					17:30
1		-	10.19	-	0:35	18:05
<b>SS 1</b>	<b>Grizedale East - Kirkby Lonsdale Motor Club.</b>	-	-	-		<b>18:08</b>
<b>SF 1</b>		<b>4.79</b>	-	-	0:06	<b>18:14</b>
MTC 2	High Cross	-	3.85	-	0:15	18:29
<b>Friday Totals</b>		<b>4.79</b>	<b>14.04</b>	<b>18.83</b>		
					Sunrise - Coniston	08:12
					Sunset - Coniston	15:53

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Section 1

Saturday, 3 December 2022

TC	Location	SS Dist.	Liaison Dist.	Total Dist.	Target Time	First Car Due
SS		Miles	Miles	Miles		
<b>RZ 2</b>	<i>Distance to next refuel</i>	-	-	-		
		(17.70)	(12.92)	(30.62)		
MTC 3	Coniston					10:00
2		-	2.13	-	0:10	10:10
<b>SS 2</b>	<b>Grizedale North - Fieldside</b>	-	-	-		<b>10:13</b>
<b>SF 2</b>		<b>8.51</b>	-	-	0:10	<b>10:23</b>
3		-	0.59	-	0:05	10:28
<b>SS 3</b>	<b>Grizedale South - Hillside</b>	-	-	-		<b>10:31</b>
<b>SF 3</b>		<b>9.19</b>	-	-	0:11	<b>10:42</b>
3A	Service - In	-	10.20	-	0:30	11:12
<b>Service A - Skelwith Fold</b>		<b>(22.49)</b>	<b>(26.96)</b>	<b>(49.45)</b>	<b>0:45</b>	
3B	Service - Out & Regroup - In	-	-	-		11:57
3C	Regroup - Out	-	-	-	0:30	12:27
<b>RZ 3</b>	<i>Distance to next refuel</i>	-	-	-		
		(18.55)	(8.51)	(27.06)		
4		-	3.92	-	0:15	12:42
<b>SS 4</b>	<b>Grizedale West - Fieldside &amp; Hillside</b>	-	-	-		<b>12:45</b>
<b>SF 4</b>		<b>18.55</b>	-	-	0:22	<b>13:07</b>
MTC 4	Finish - Coniston	-	4.59	-	0:15	13:22
<b>Saturday Totals</b>		<b>36.25</b>	<b>11.23</b>	<b>47.48</b>		
					Sunrise - Coniston	08:14
					Sunset - Coniston	15:52

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Section 2

Section 3

TOTALS OF THE RALLY					
	SS	Liaison	Total		%
<b>Friday, 2 December 2022</b>	4.79	14.04	18.83	<i>Special Stages</i>	25.4%
Sections 1 - 1 SS					
<b>Saturday, 3 December 2022</b>	36.25	11.23	47.48	<i>Special Stages</i>	76.3%
Sections 2 & 3 - 3 SS					
<b>Total - 6 SS</b>	<b>41.04</b>	<b>25.27</b>	<b>66.31</b>		<b>61.9%</b>



## Symbols used in the Road Book



Time Control



Stage Start



Flying Finish



Stop Line



Passage Control



Radio Point (Red Flag)



Medical & Rescue Location



No Entry



Service Area



Refuel Area



Traffic Lights



Two Way Competitor Traffic



Gate



Grid



Track / Footpath



Bridge



Road Blocked



Crest



Gravel to Tarmac



Tarmac to Gravel



Chicane (Bales)



Bales at side of Stage






Care



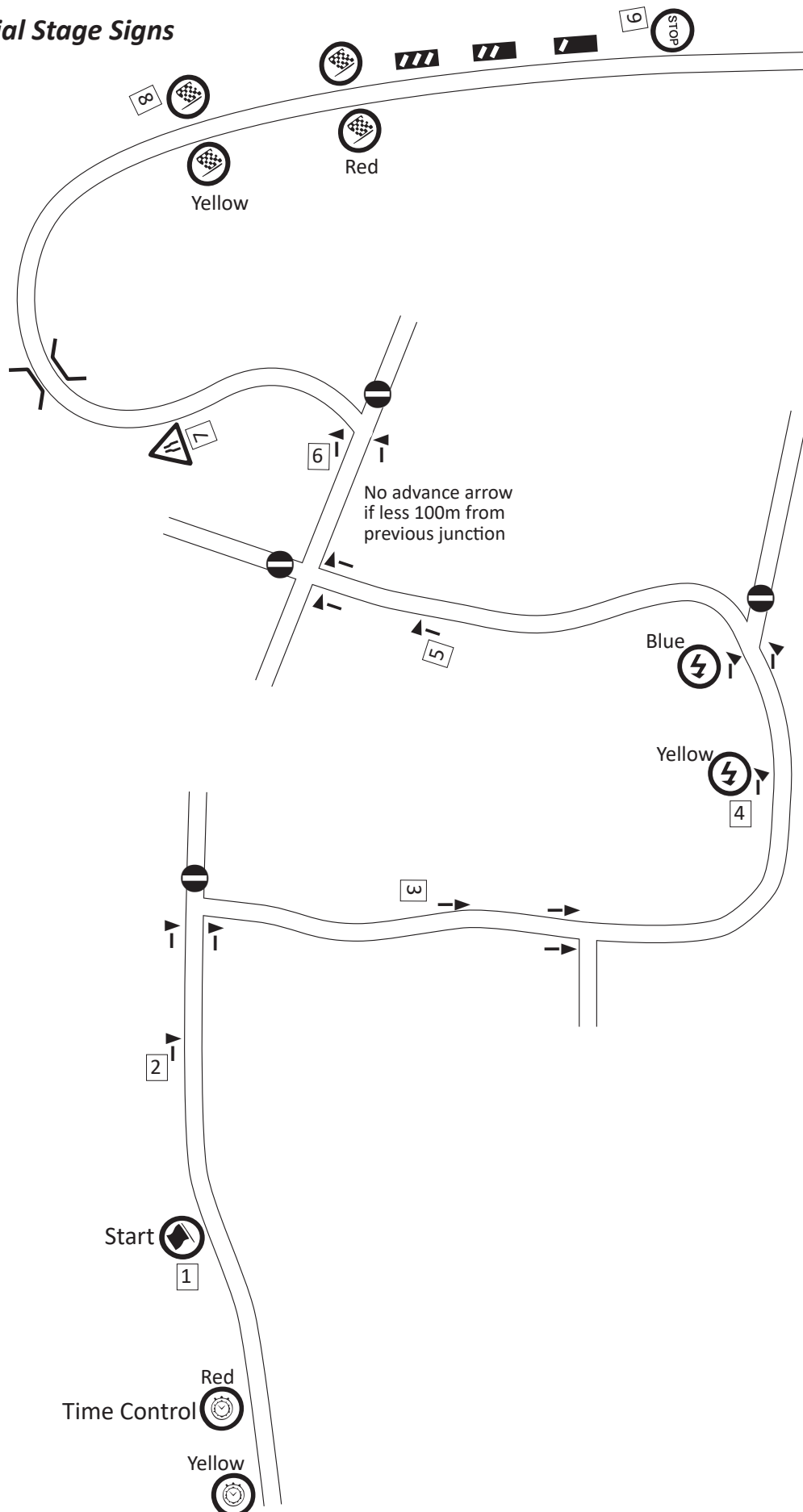
End of Two Way Competitor Traffic



## Symbols used in the Road Book

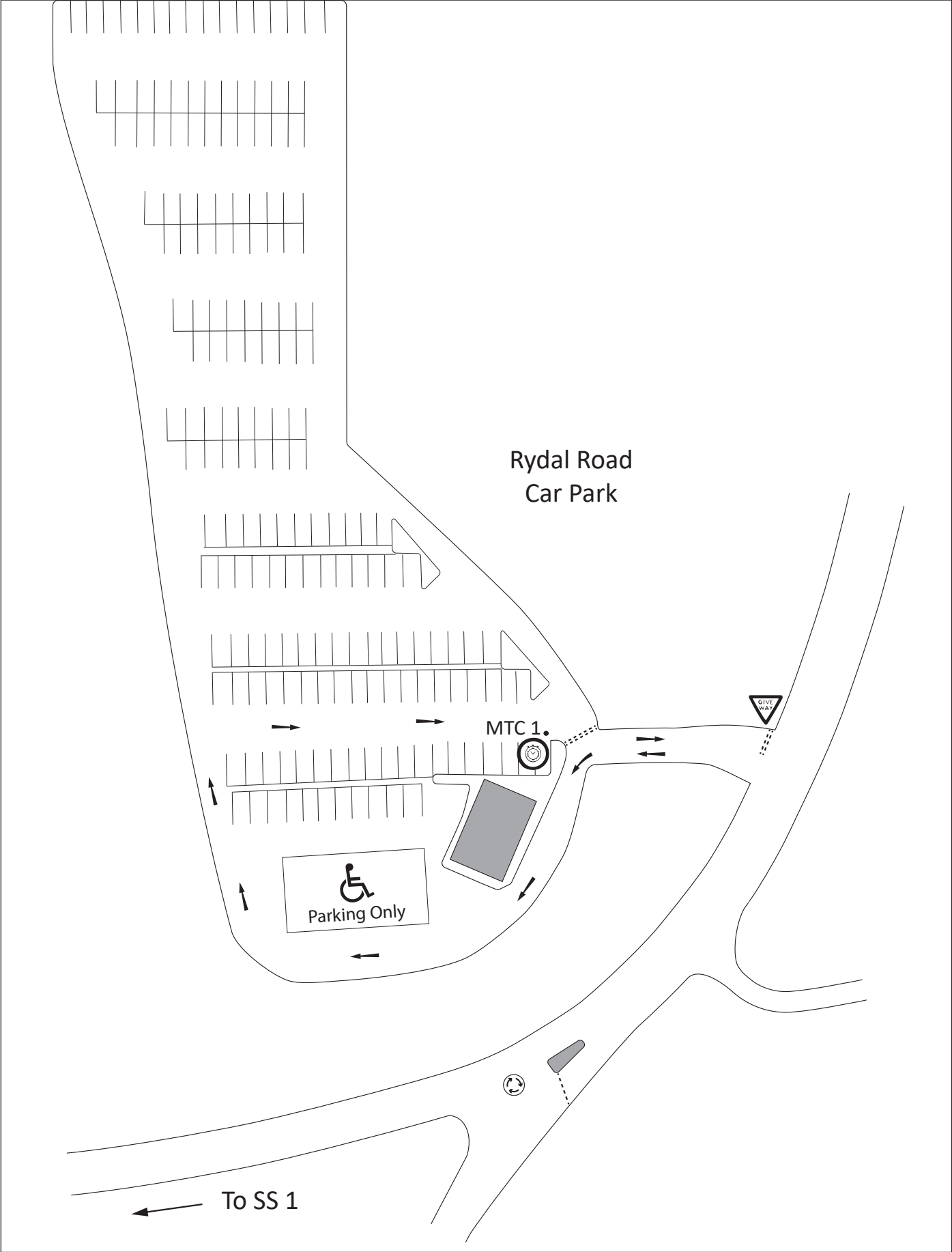
Miles		Direction	Information	Miles to TC
Total	Inter			
5.25	0.75	<div>Special Stage</div> <div>13</div>	 Red Flag Location	10.20
6.35	1.10	<div></div> <div>14</div>		9.10
6.42	0.07	<div></div> <div>15</div>	 When the distance to the next instruction is 0.10 miles or less the horizontal line is omitted	9.03
6.87	0.45	<div>Road Section</div> <div>16</div>	 Thick black line denotes No Servicing	8.58

## Special Stage Signs

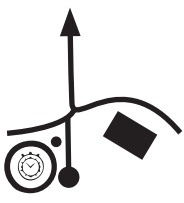




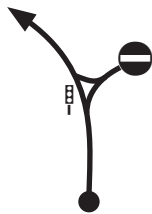

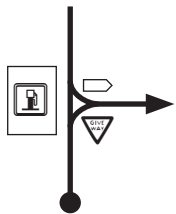


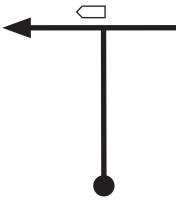






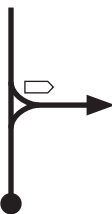
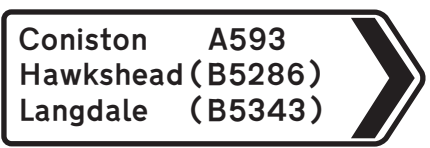
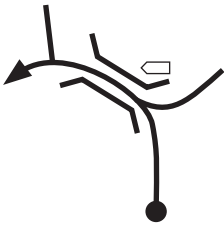
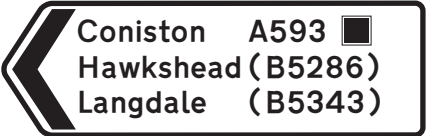
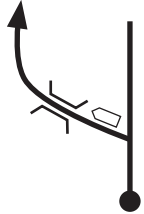



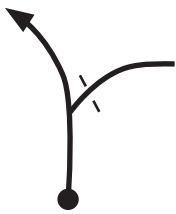

Road Section	RS 0	MTC 1	Rydal Road Car Park Ambleside		TC 1	SS 1 - Grizedale East	
Distance	10.19	Miles	Target Time	0 Hrs 35 Min	Average Speed	17.47	Mph



Road Section	RS 0	MTC 1	Rydal Road Car Park Ambleside		TC 1	SS 1 - Grizedale East	
Distance	10.19	Miles	Target Time	0 Hrs 35 Min	Average Speed	17.47	Mph






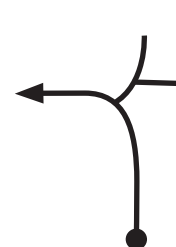
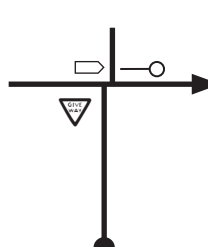





Miles		Direction	Information	Miles to TC
Total	Inter			
0.00	0.00	 1	MTC 1 Exit Car Park	10.19
0.02	0.02	 2	 Care, Narrow Bridge, cars entering	10.17
0.05	0.03	 3		10.14
0.14	0.09	 4	 Enter one-way system Pelican Crossing	10.05
0.46	0.32	 5	 Use the right-hand Lane 	9.73
0.61	0.15	 6		9.58
0.18				

Road Section	RS 0	MTC 1	Rydal Road Car Park Ambleside		TC 1	SS 1 - Grizedale East	
Distance	10.19	Miles	Target Time	0 Hrs 35 Min	Average Speed	17.47	Mph

Miles		Direction	Information	Miles to TC
Total	Inter			
0.79	0.18	 <div>7</div>		9.40
0.89	0.10	 <div>8</div>	 Use Left Hand Lane Narrow bridge beware of oncoming traffic	9.30
1.34	0.45	 <div>9</div>		8.85
1.52	0.18	 <div>10</div>		8.67
2.11	0.59	 <div>11</div>	Entrance to Skelwith Fold	8.08
2.52	0.41	 <div>12</div>		7.67
1.55	↓			









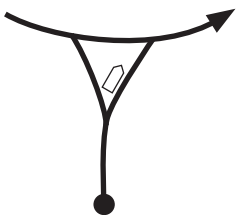


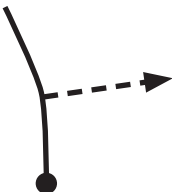

Road Section	RS 0	MTC 1	Rydal Road Car Park Ambleside		TC 1	SS 1 - Grizedale East	
Distance	10.19	Miles	Target Time	0 Hrs 35 Min	Average Speed	17.47	Mph

Miles		Direction	Information	Miles to TC
Total	Inter			
4.07	1.55	 13	 	6.12
4.18	0.11	 14	Outgate Inn	6.01
4.97	0.79	 15		5.22
5.28	0.31	 16	Hawkshead	4.91
5.52	0.24	 17	  	4.67
5.69	0.17	 18	 30mph until box 21	4.50

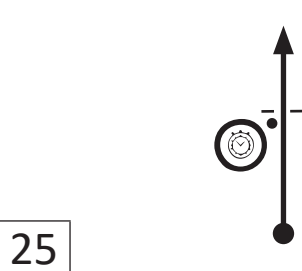



0.12



Road Section	RS 0	MTC 1	Rydal Road Car Park Ambleside		TC 1	SS 1 - Grizedale East	
Distance	10.19	Miles	Target Time	0 Hrs 35 Min	Average Speed	17.47	Mph

Miles		Direction	Information	Miles to TC
Total	Inter			
5.81	0.12	<div>19</div> 		4.38
7.11	1.30	<div>20</div> 		3.08
8.69	1.58	<div>21</div> 	SLOW / QUIET	1.50
9.32	0.63	<div>22</div> 	SLOW / QUIET	0.87
9.95	0.63	<div>23</div> 	 	0.24
10.15	0.20	<div>24</div> 	Enter forest	0.04
0.04				

Road Section	RS 0	MTC 1	Rydal Road Car Park Ambleside		TC 1	SS 1 - Grizedale East	
Distance	10.19	Miles	Target Time	0 Hrs 35 Min	Average Speed	17.47	Mph





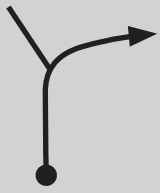








Miles		Direction	Information	Miles to TC
Total	Inter			
10.19	0.04		 <b>TC 1</b>	0.00
	0.11		 <b>Start SS 1</b> <b>Grizedale East</b> <b>4.79 miles</b>	









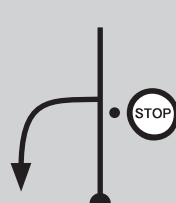


Special Stage	1	Grizedale East - Kirkby Lonsdale Motor Club			
Distance	4.79 Miles	Bogey Time	4 Min 07 Sec	Target Time	10 Min 00 Sec








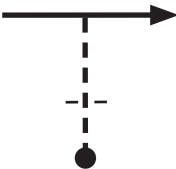
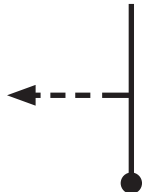



Special Stage	1	Grizedale East - Kirkby Lonsdale Motor Club			
Distance		4.79 Miles	Bogey Time	4 Min 07 Sec	Target Time 10 Min 00 Sec

Miles		Direction	Information	Miles to TC
Total	Inter			
0.00	0.00	<div>1</div> 	  <b>Start SS 1</b> <b>Grizedale East</b> <b>4.79 miles</b> 	4.79
0.42	0.42	<div>2</div> 		4.37
1.16	0.74	<div>3</div> 		3.63
2.43	1.27	<div>4</div> 		2.36
2.78	0.35	<div>5</div> 		2.01
3.55	0.77	<div>6</div> 		1.24
0.38				

<b>Special Stage</b>	<b>1</b>	<b>Grizedale East - Kirkby Lonsdale Motor Club</b>			
Distance		<b>4.79</b> Miles	Bogey Time	<b>4</b> Min <b>07</b> Sec	Target Time <b>10</b> Min <b>00</b> Sec






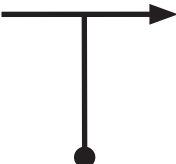

Miles		Direction	Information	Miles to Finish
Total	Inter			
3.93	0.38	 7		0.86
3.95	0.02	 8		0.84
4.60	0.65	 9	 <b>Chicane</b>	0.19
4.79	0.19	 10	 <b>Flying Finish SS 1</b>	0.00
4.98	0.19	 11	  <b>Stop Line SS 1</b>	

Road Section	RS 1A	SF 1	SS 1 - Finish		MTC 2	High Cross	
Distance	3.85	Miles	Target Time	0 Hrs 15 Min	Average Speed	15.40	Mph

Miles		Direction	Information	Miles to TC
Total	Inter			
0.00	0.00	 1	 Stop Line SS 1	3.85
0.20	0.20	 2	 Enter Forest Max Speed of 20 mph on Forest Roads	3.65
1.26	1.06	 3		2.59
1.42	0.16	 4	Exit Forest	2.43
1.50	0.08	 5	 Enter Forest Max Speed of 20 mph on Forest Roads	2.35
1.58	0.08	 6		2.27
0.15				

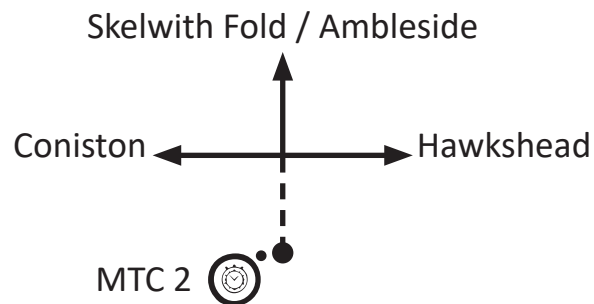


Road Section	RS 1A	SF 1	SS 1 - Finish		MTC 2	High Cross	
Distance	3.85	Miles	Target Time	0 Hrs 15 Min	Average Speed	15.40	Mph

Miles		Direction	Information	Miles to TC
Total	Inter			
1.73	0.15	 7	 Enter Forest Max Speed of 20 mph on Forest Roads	2.12
2.93	1.20	 8		0.92
3.16	0.23	 9		0.69
3.35	0.19	 10		0.50
3.67	0.32	 11		0.18
3.85	0.18	 12	MTC 2	0.00

After reaching MTC 2 you have three options

- Drive to your accommodation
- Load your car on to a trailer at Monk Coniston Car Park
- Drive to Skelwith Fold and leave your car there securely overnight



Use the map on the following page to guide you to your chosen option

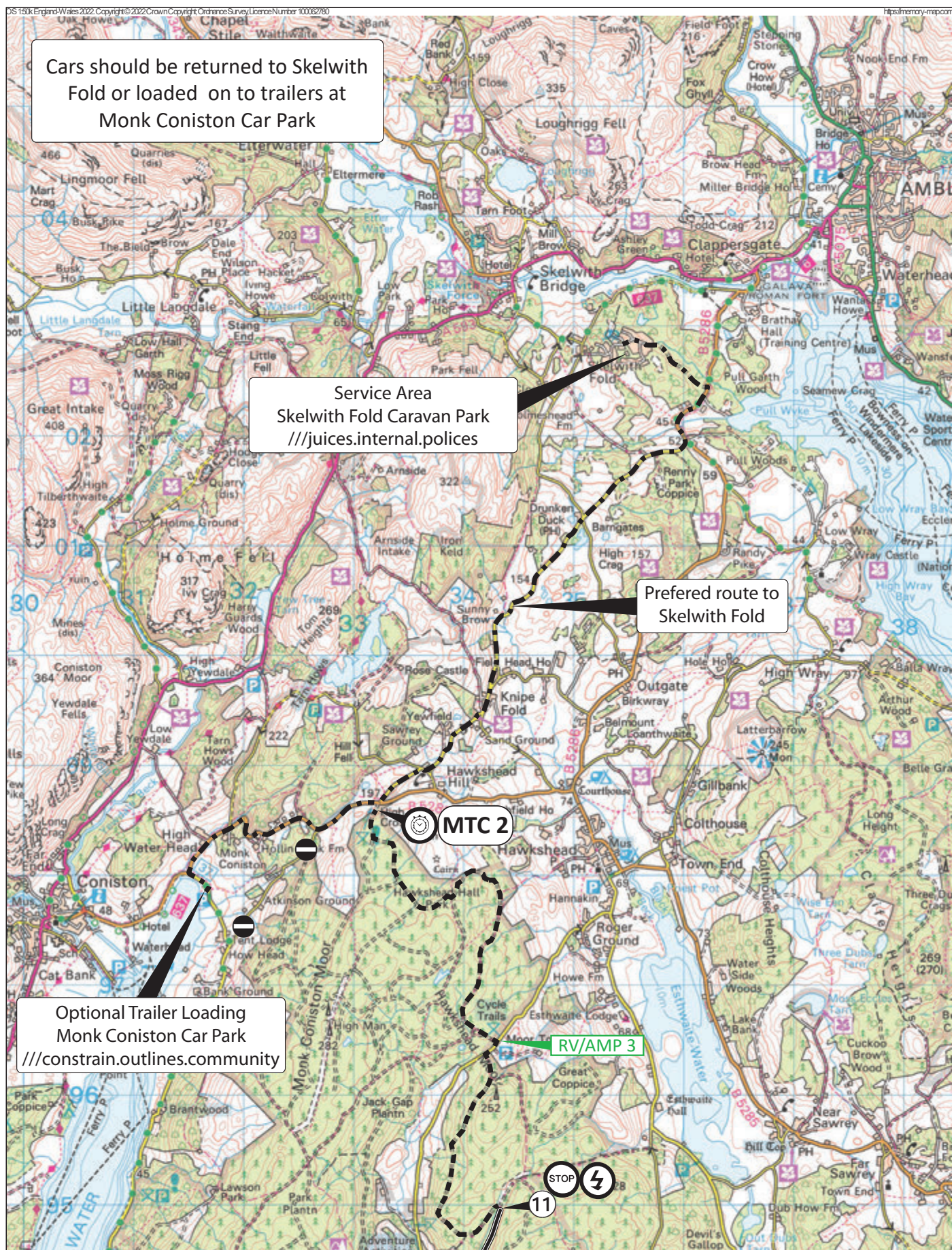
Distances

Monk Coniston Car Park [///constrain.outlines.community](http://constrain.outlines.community) - 1.55 miles

Skelwith Fold Caravan Park [///juices.internal.polices](http://juices.internal.polices) - 3.30 miles



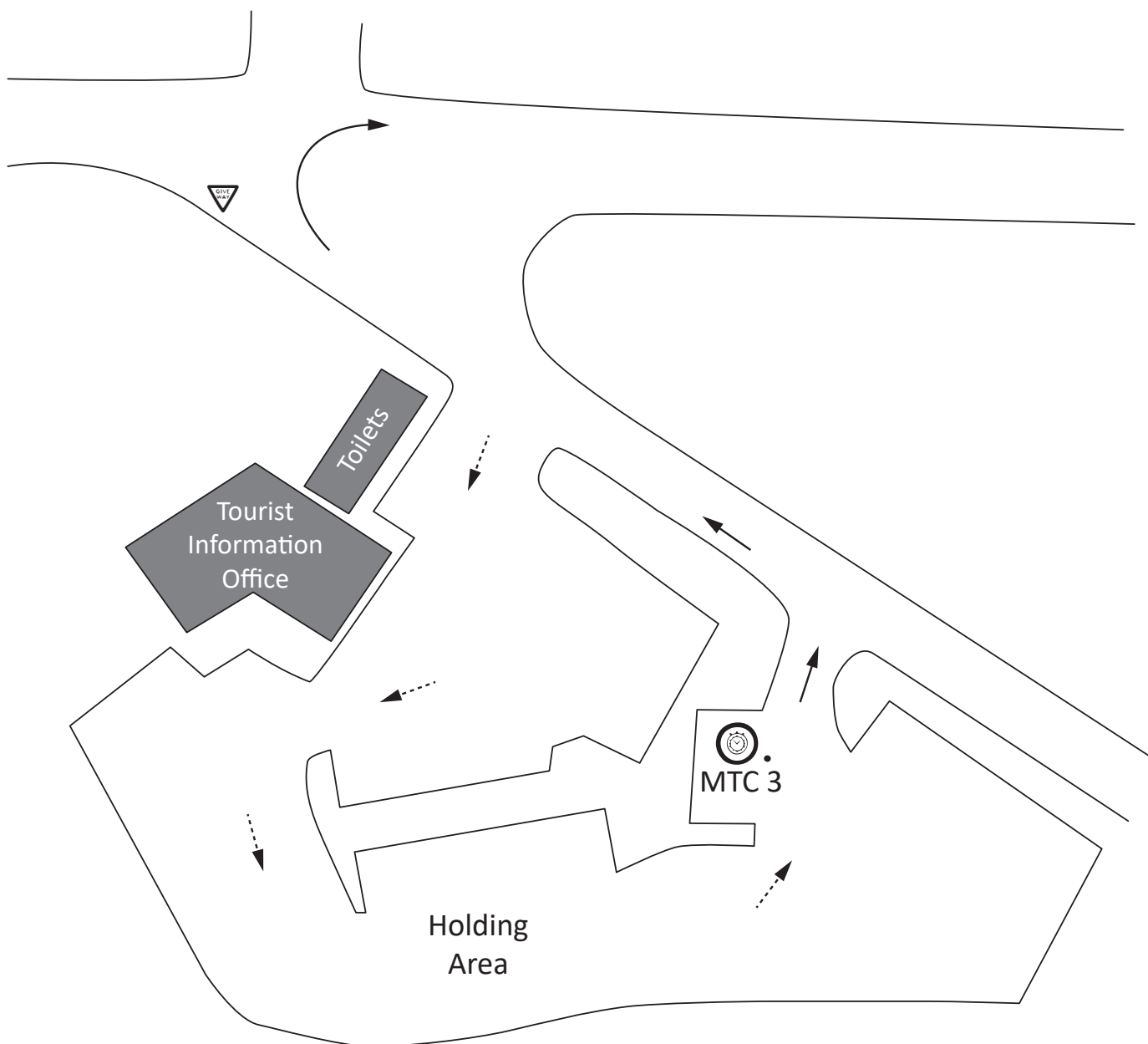
## Competitor Options after MTC 2










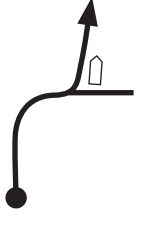

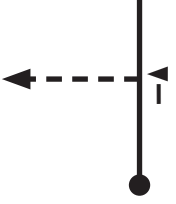
Road Section	RS 1B	MTC 3	Coniston		TC 2	SS 2 - Grizedale North	
Distance	2.13	Miles	Target Time	0 Hrs 10 Min	Average Speed	12.78	Mph

# Re-Start Saturday FCD 10:00





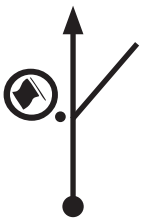

Coniston Pay & Display  
Car Park Ruskin Ave

Road Section	RS 1B	MTC 3	Coniston	TC 2	SS 2 - Grizedale North
Distance	2.13	Miles	Target Time	0 Hrs 10 Min	Average Speed 12.78 Mph

Miles		Direction	Information	Miles to TC
Total	Inter			
0.00	0.00	 <div>1</div>	 <p><b>MTC 3 Exit Car Park</b></p>	2.13
0.03	0.03	 <div>2</div>		2.10
0.16	0.13	 <div>3</div>		1.97
0.89	0.73	 <div>4</div>	<div>HAWKSHEAD AMBLESIDE</div>	1.24
1.94	1.05	 <div>5</div>	<p><b>Tight Hairpin 'No handbrake turns'</b></p>	0.19
2.09	0.15	 <div>6</div>	<p><b>Enter forest</b></p>	0.04
0.04	↓			

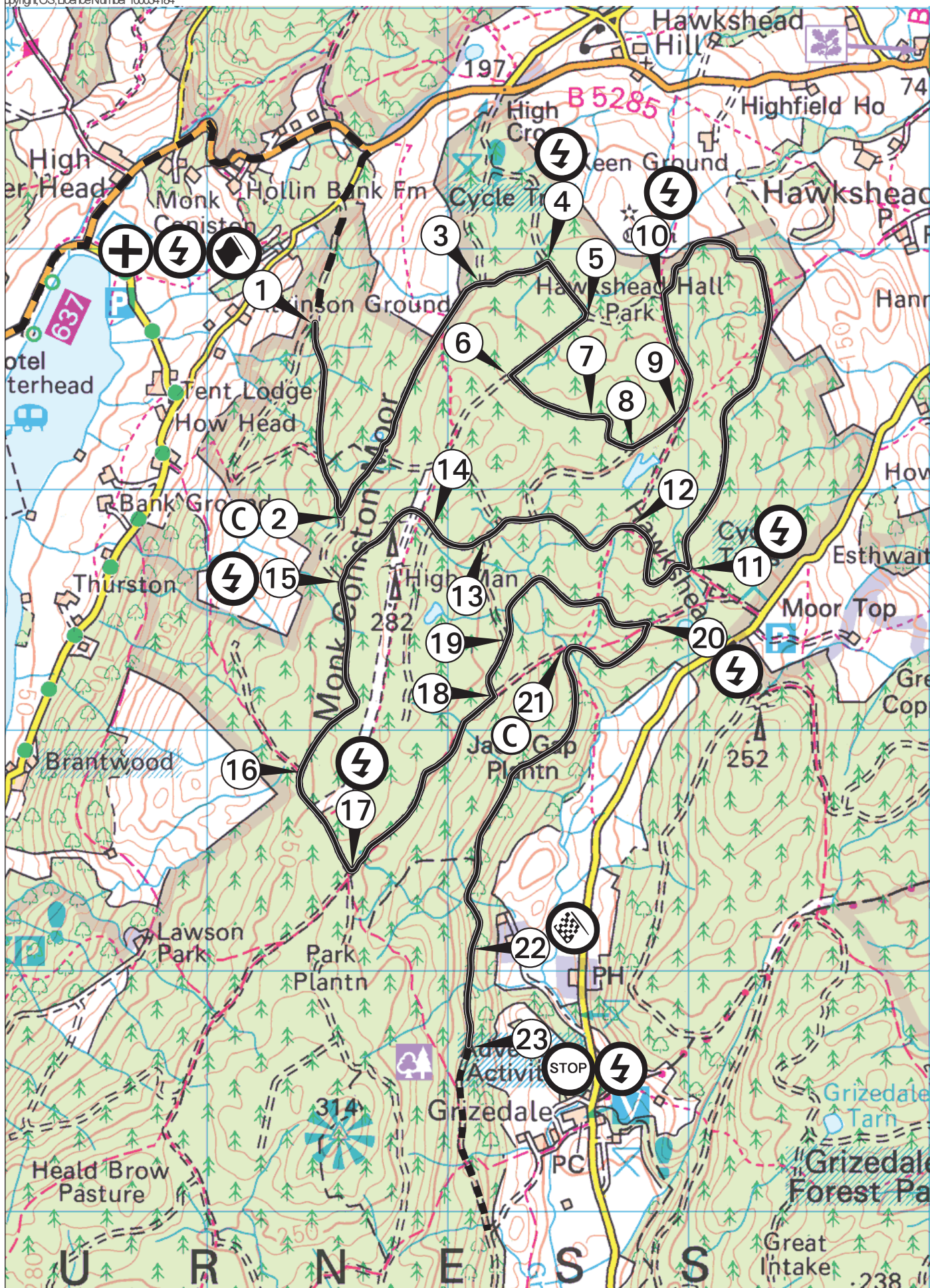


Road Section	RS 1B	MTC 3	Coniston		TC 2	SS 2 - Grizedale North	
Distance	2.13	Miles	Target Time	0 Hrs 10 Min	Average Speed	12.78	Mph







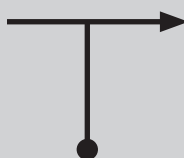

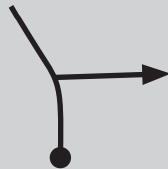
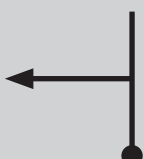

Miles		Direction	Information	Miles to TC
Total	Inter			
2.13	0.04	 7	 TC 2	0.00
	0.21	 8	 Start SS 2 Grizedale North 8.71 miles	

Special Stage	2	Grizedale North - Fieldside			
Distance	8.51 Miles	Bogey Time	7 Min 18 Sec	Target Time	18 Min 00 Sec







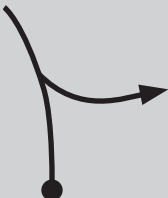


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<b>Special Stage</b>	<b>2</b>	<b>Grizedale North - Fieldside</b>			
Distance		<b>8.51</b> Miles	Bogey Time	<b>7 Min 18 Sec</b>	Target Time <b>18 Min 00 Sec</b>

Miles		Direction	Information	Miles to TC
Total	Inter			
0.00	0.00	 1	  <b>Start SS 2</b> <b>Grizedale North - Fieldside</b> <b>8.51 miles</b> 	8.51
0.58	0.58	 2		7.93
1.31	0.73	 3	VIP Spectators	7.20
1.51	0.20	 4	 Spectators	7.00
1.69	0.18	 5	Spectators	6.82
1.95	0.26	 6		6.56
0.27				






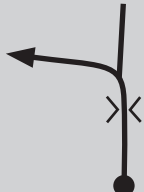
<b>Special Stage</b>	<b>2</b>	<b>Grizedale North - Fieldside</b>			
Distance		<b>8.51</b> Miles	Bogey Time	<b>7 Min 18 Sec</b>	Target Time <b>18 Min 00 Sec</b>

Miles		Direction	Information	Miles to TC
Total	Inter			
2.22	0.27	 <div>7</div>		6.29
2.37	0.15	 <div>8</div>		6.14
2.51	0.14	 <div>9</div>		6.00
2.83	0.32	 <div>10</div>	 <b>Spectators</b>	5.68
4.02	1.19	 <div>11</div>	 <b>Spectators</b>	4.49
4.29	0.27	 <div>12</div>		4.22

0.44



Special Stage	2	Grizedale North - Fieldside			
Distance		8.51 Miles	Bogey Time	7 Min 18 Sec	Target Time 18 Min 00 Sec




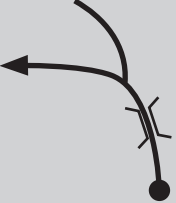





Miles		Direction	Information	Miles to TC
Total	Inter			
4.73	0.44	 13		3.78
4.90	0.17	 14		3.61
5.24	0.34	 15	⚡	3.27
5.80	0.56	 16		2.71
6.09	0.29	 17	⚡ Spectators	2.42
6.68	0.59	 18		1.83

0.14



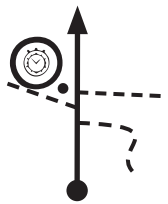

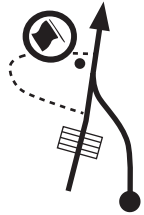





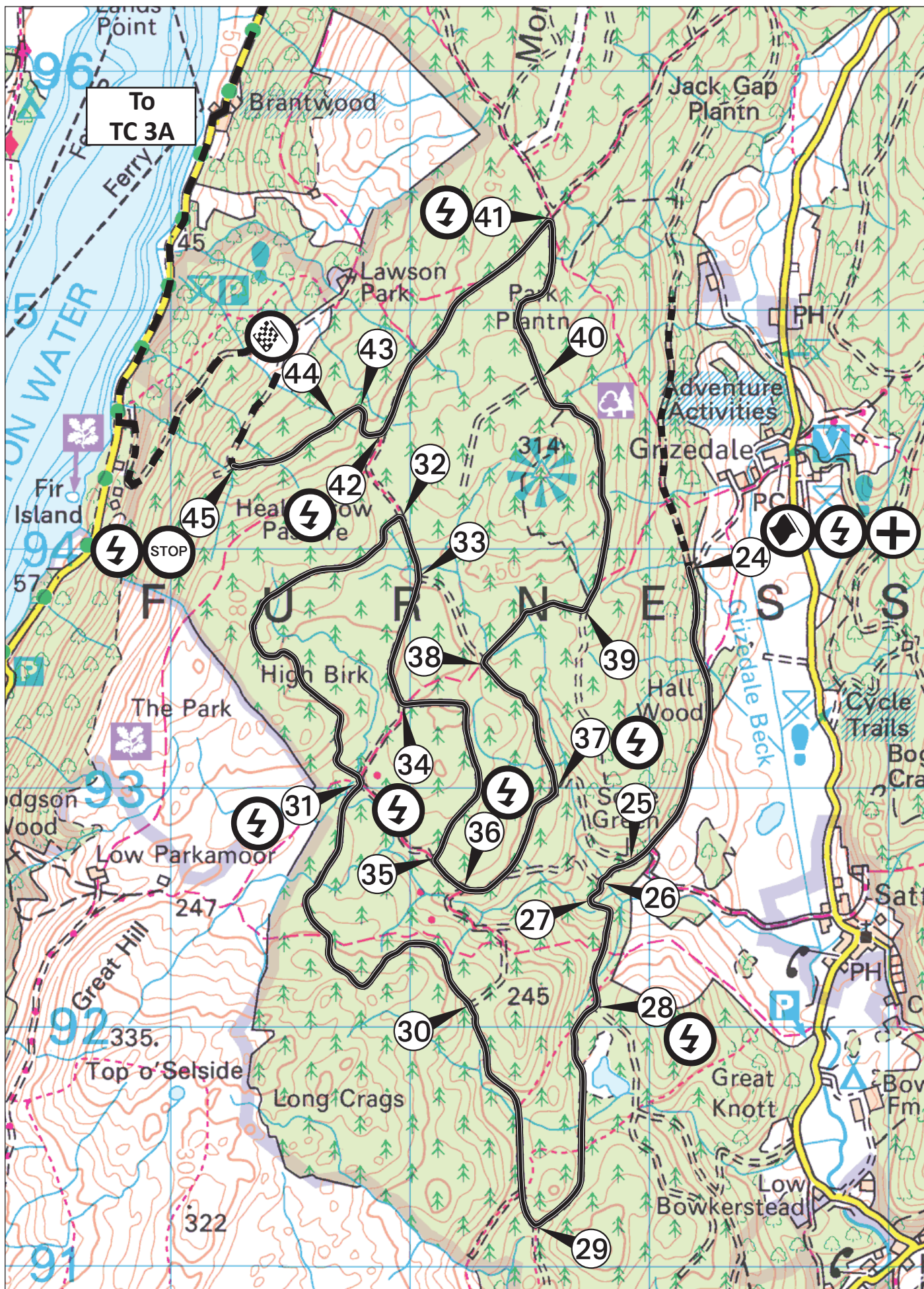
<b>Special Stage</b>	<b>2</b>	<b>Grizedale North - Fieldside</b>			
Distance		<b>8.51</b> Miles	Bogey Time	<b>7 Min 18 Sec</b>	Target Time <b>18 Min 00 Sec</b>

Miles		Direction	Information	Miles to Finish
Total	Inter			
6.82	0.14	 19		1.69
7.41	0.59	 20	 <b>Spectators</b>	1.10
7.71	0.30	 21		0.80
8.51	0.80	 22	 <b>Flying Finish SS 2</b>	0.00
8.77	0.26	 23	  <b>Stop Line SS 2</b>	

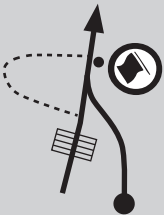








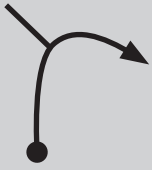
Road Section	RS 2	SF 2	SS 2 - Finish		TC 3	SS 3 - Grizedale South	
Distance	0.33	Miles	Target Time	0 Hrs 05 Min	Average Speed	3.96	Mph

Miles		Direction	Information	Miles to TC
Total	Inter			
0.00	0.00	<div>1</div> 	 <b>Stop Line SS 2</b>	0.33
0.33	0.33	<div>2</div> 	 <b>TC 3</b>	0.00
	0.26	<div>3</div> 	 <b>Start SS 3</b> <b>Grizedale South</b> <b>9.19 miles</b>	

Special Stage	3	Grizedale South - Hillside			
Distance	9.19 Miles	Bogey Time	7 Min 53 Sec	Target Time	19 Min 00 Sec

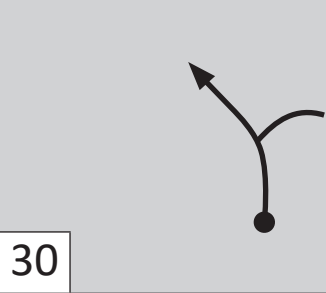
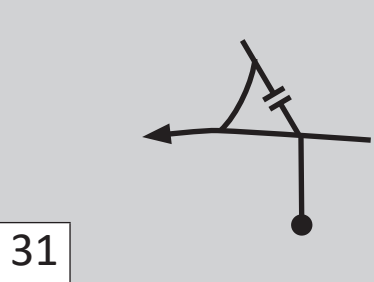

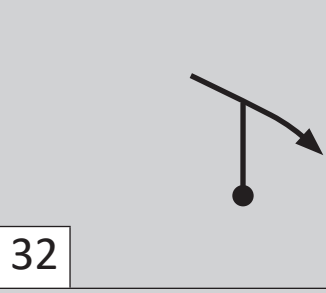
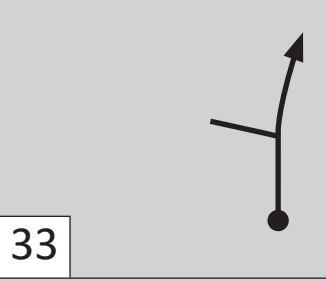
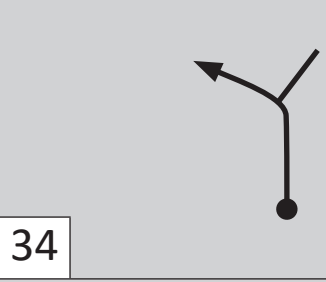

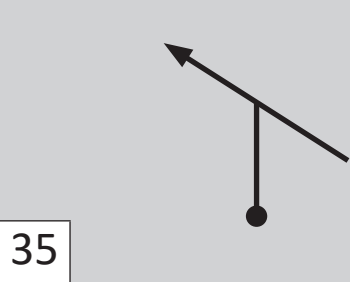



Special Stage	3	Grizedale South - Hillside			
Distance		9.19 Miles	Bogey Time	7 Min 53 Sec	Target Time 19 Min 00 Sec

Miles		Direction	Information	Miles to TC
Total	Inter			
0.00	0.00		 <b>Start SS 3</b> <b>Grizedale South - Hillside</b> <b>9.19 miles</b>  	9.19
0.78	0.78			8.41
0.86	0.08			8.33
0.95	0.09			8.24
1.27	0.32			7.92
1.91	0.64			7.28







0.64 

Special Stage	3	Grizedale South - Hillside			
Distance		9.19 Miles	Bogey Time	7 Min 53 Sec	Target Time 19 Min 00 Sec

Miles		Direction	Information	Miles to TC
Total	Inter			
2.55	0.64			6.64
3.58	1.03			5.61
4.71	1.13			4.48
4.89	0.18			4.30
5.24	0.35			3.95
5.84	0.60			3.35
0.11				











Special Stage	3	Grizedale South - Hillside			
Distance		9.19 Miles	Bogey Time	7 Min 53 Sec	Target Time 19 Min 00 Sec

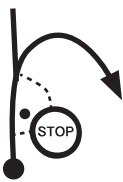




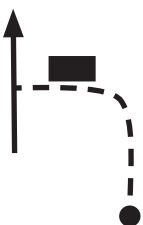
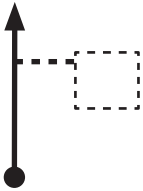

Miles		Direction	Information	Miles to TC
Total	Inter			
5.95	0.11	 36	⚡	3.24
6.32	0.37	 37	⚡	2.87
6.73	0.41	 38		2.46
7.07	0.34	 39		2.12
7.78	0.71	 40		1.41
8.24	0.46	 41	⚡ Spectators	0.95

0.71 ↘

<b>Special Stage</b>	<b>3</b>	<b>Grizedale South - Hillside</b>			
Distance		<b>9.19</b> Miles	Bogey Time	<b>7 Min 53 Sec</b>	Target Time <b>19 Min 00 Sec</b>

Miles		Direction	Information	Miles to Finish
Total	Inter			
8.95	0.71	 42		0.24
9.08	0.13	 43		0.11
9.19	0.11	 44	 <b>Flying Finish SS 3</b>	0.00
9.48	0.29	 45	  <b>Stop Line SS 3</b>	


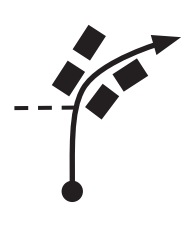
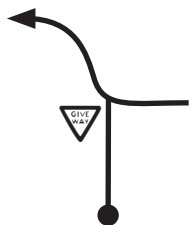




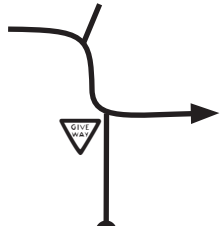

Road Section	RS 3A	SF 3	SS3 - Finish Grizedale South		TC 3A	Service In - Skelwith Fold	
Distance	10.20	Miles	Target Time	0 Hrs 30 Min	Average Speed	20.40	Mph

Miles		Direction	Information	Miles to TC
Total	Inter			
0.00	0.00	<div>1</div> 	  SF 3	10.20
0.41	0.41	<div>2</div> 		9.79
1.06	0.65	<div>3</div> 		9.14
1.33	0.27	<div>4</div> 	Exit Forest	8.87
1.72	0.39	<div>5</div> 	Spectator Car Park	8.48
2.12	0.40	<div>6</div> 	Brantwood Slow / Quiet	8.08

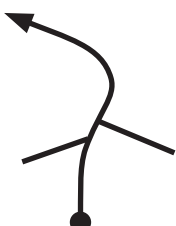

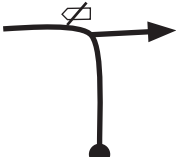

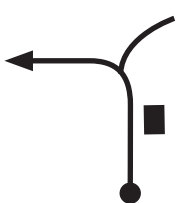
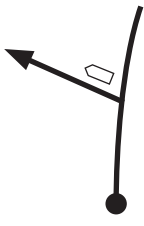

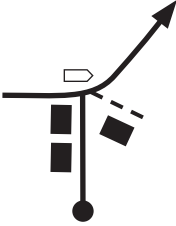


1.02



Road Section	RS 3A	SF 3	SS3 - Finish Grizedale South		TC 3A	Service In - Skelwith Fold	
Distance	10.20	Miles	Target Time	0 Hrs 30 Min	Average Speed	20.40	Mph

Miles		Direction	Information	Miles to TC
Total	Inter			
3.14	1.02	 <div>7</div>		7.06
3.21	0.07	 <div>8</div>	Slow and Quiet	6.99
3.61	0.40	 <div>9</div>		6.59
4.36	0.75	 <div>10</div>	 Coniston	5.84
4.39	0.03	 <div>11</div>		5.81
4.61	0.22	 <div>12</div>		5.59
0.30				

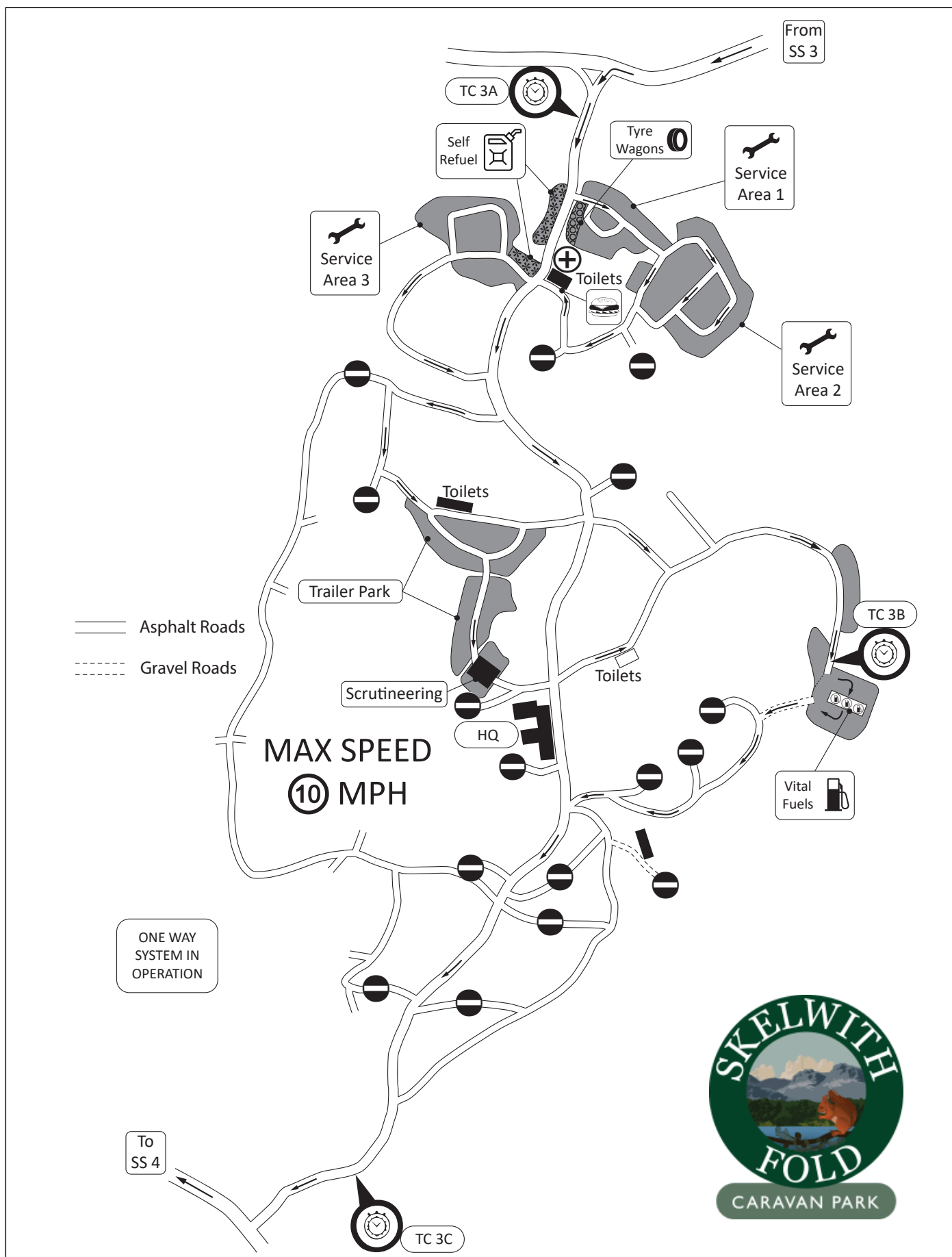
Road Section	RS 3A	SF 3	SS3 - Finish Grizedale South		TC 3A	Service In - Skelwith Fold	
Distance	10.20	Miles	Target Time	0 Hrs 30 Min	Average Speed	20.40	Mph

Miles		Direction	Information	Miles to TC
Total	Inter			
4.91	0.30	 13		5.29
8.63	3.72	 14		1.57
9.55	0.92	 15		0.65
9.68	0.13	 16		0.52
9.94	0.26	 17		0.26
10.08	0.14	 18		0.12
0.06				

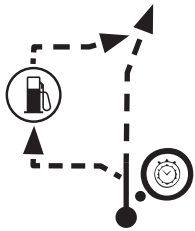



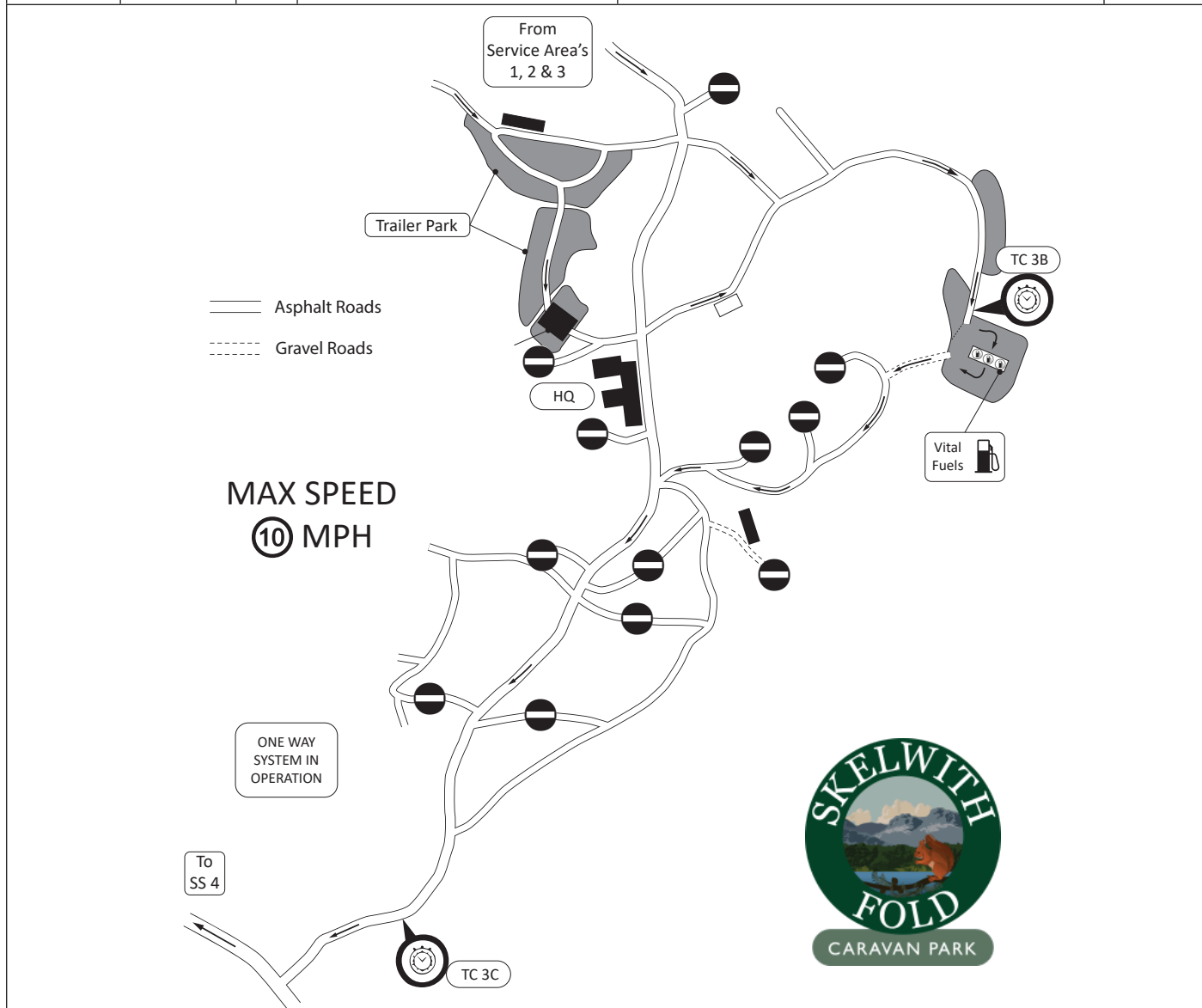




Road Section	RS 3A	SF 3	SS3 - Finish Grizedale South	TC 3A	Service In - Skelwith Fold		
Distance	10.20	Miles	Target Time	0 Hrs 30 Min	Average Speed	20.40	Mph





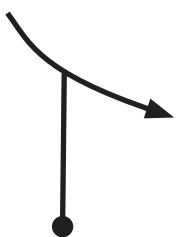
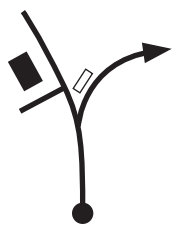
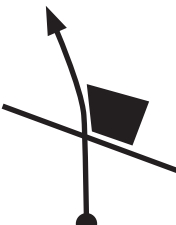



Road Section	RS 3B	TC 3B	Service Out / Regroup In		TC 3C	Regroup Out	
Distance	0.41	Miles	Target Time	0 Hrs 30 Min	Average Speed	0.82	Mph

Miles		Direction	Information	Miles to TC
Total	Inter			
0.00	0.00	<div>1</div> 	 <b>TC 3B</b> <b>Service Out - Regroup In</b> <b>Refuel (Vital Fuels)</b> <b>10 minute minimum regroup time</b>	0.41


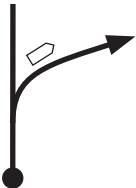

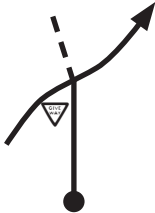

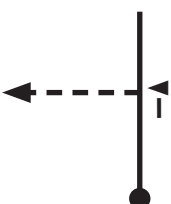



0.41	0.41	<div>2</div> 	 <b>TC 3C</b> <b>Regroup Out</b>	0.00
------	------	--	--	------

Road Section	RS 3B	TC 3C	Regroup Out - Skelwith Fold		TC 4	SS 4 Grizedale West	
Distance	4.17	Miles	Target Time	0 Hrs 15 Min	Average Speed	16.68	Mph





Miles		Direction	Information	Miles to TC
Total	Inter			
0.00	0.00	 1	 TC 3C Regroup Out	4.17
0.26	0.26	 2	Exit Caravan Park Take care joining main road	3.91
0.65	0.39	 3	TARN HOWS CONISTON	3.52
1.39	0.74	 4	Drunken Duck	2.78
2.64	1.25	 5	KNIFE FOLD Slow & Quiet	1.53
2.76	0.12	 6	HAWKSHEAD HILL	1.41
0.16				

Road Section	RS 3B	TC 3C	Regroup Out - Skelwith Fold		TC 4	SS 4 Grizedale West	
Distance	4.17	Miles	Target Time	0 Hrs 15 Min	Average Speed	16.68	Mph

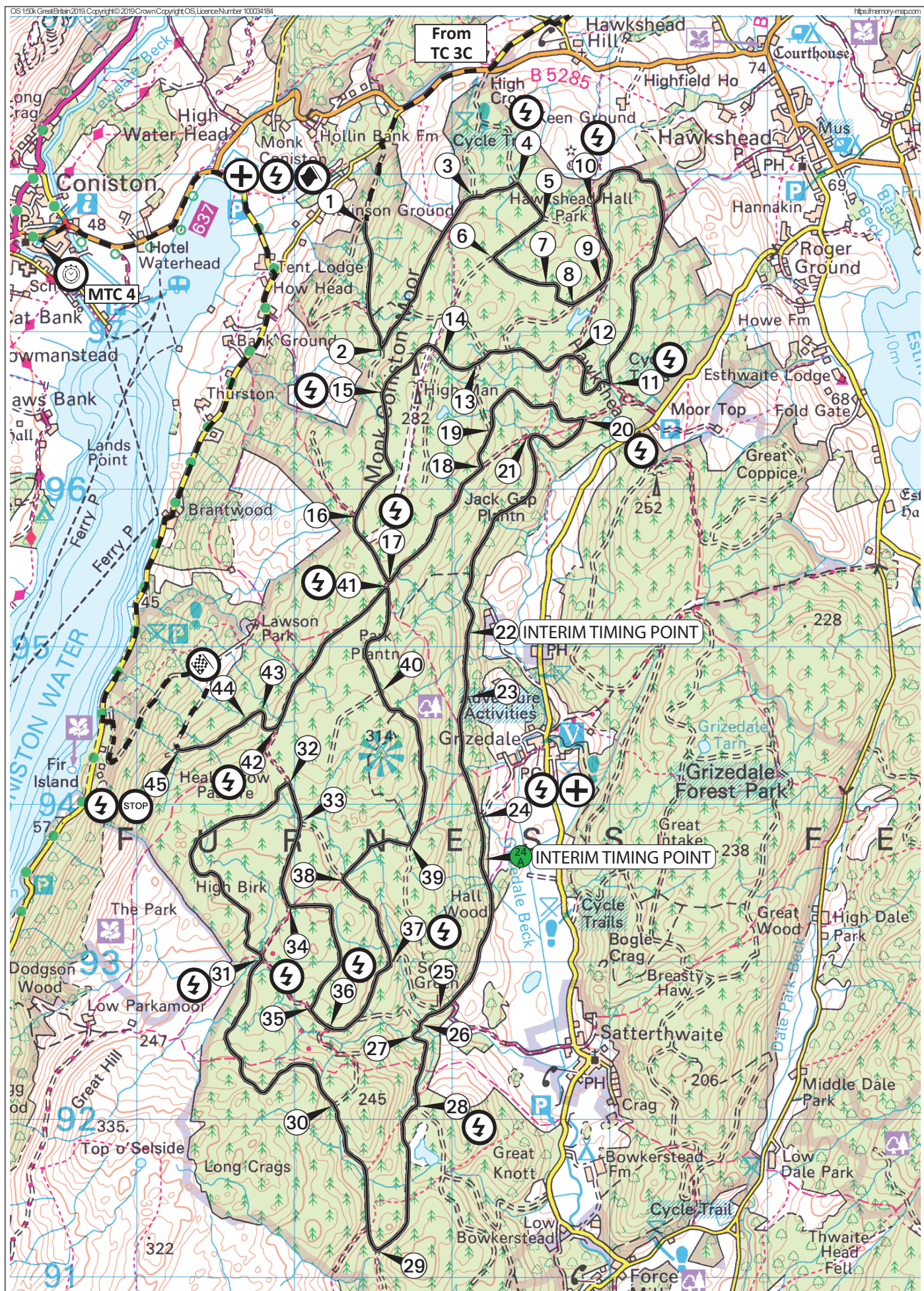
Miles		Direction	Information	Miles to TC
Total	Inter			
2.92	0.16	 7	BETTY FOLD Slow & Quiet	1.25
3.21	0.29	 8	TARN HOWS CONISTON	0.96
3.26	0.05	 9	CONISTON	0.91
3.59	0.33	 10		0.58
3.97	0.38	 11	EAST OF LAKE LOWICK	0.20
4.13	0.16	 12	Enter forest	0.04
0.04				



Road Section	RS 3B	TC 3C	Regroup Out - Skelwith Fold		TC 4	SS 4 Grizedale West	
Distance	4.17	Miles	Target Time	0 Hrs 15 Min	Average Speed	16.68	Mph







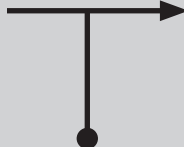

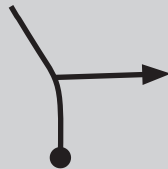
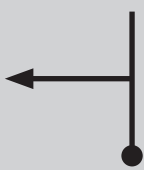

Miles		Direction	Information	Miles to TC
Total	Inter			
4.17	0.04	 13	 TC 4	0.00
	0.23	 14	 Start SS 4 Grizedale West 18.55 miles	

Special Stage	4	Grizedale West - Fieldside & Hillside			
Distance	18.55 Miles	Bogey Time	15 Min 55 Sec	Target Time	38 Min 00 Sec







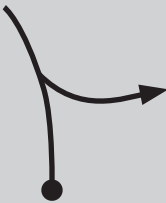






<b>Special Stage</b>	<b>4</b>	<b>Grizedale West - Fieldside &amp; Hillside</b>			
Distance		<b>18.55</b> Miles	Bogey Time	<b>15 Min 55 Sec</b>	Target Time <b>38 Min 00 Sec</b>

Miles		Direction	Information	Miles to TC
Total	Inter			
0.00	0.00	 1	 <b>Start SS 2</b>  <b>Grizedale West - Fieldside &amp; Hillside</b>  <b>8.51 miles</b>	18.55
0.58	0.58	 2		17.97
1.31	0.73	 3	<b>VIP Spectators</b>	17.24
1.51	0.20	 4	 <b>Spectators</b>	17.04
1.69	0.18	 5	<b>Spectators</b>	16.86
1.95	0.26	 6		16.60
0.27				






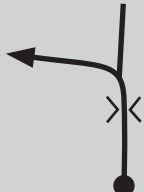
<b>Special Stage</b>	<b>4</b>	<b>Grizedale West - Fieldside &amp; Hillside</b>			
Distance		<b>18.55</b> Miles	Bogey Time	<b>15 Min 55 Sec</b>	Target Time <b>38 Min 00 Sec</b>

Miles		Direction	Information	Miles to TC
Total	Inter			
2.22	0.27	 7		16.33
2.37	0.15	 8		16.18
2.51	0.14	 9		16.04
2.83	0.32	 10	 Spectators	15.72
4.02	1.19	 11	 Spectators	14.53
4.29	0.27	 12		14.26

0.44



Special Stage	4	Grizedale West - Fieldside & Hillside			
Distance		18.55 Miles	Bogey Time	15 Min 55 Sec	Target Time 38 Min 00 Sec




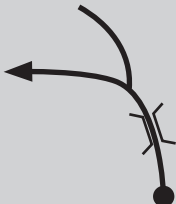

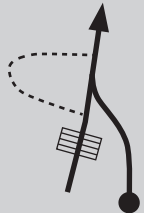



Miles		Direction	Information	Miles to TC
Total	Inter			
4.73	0.44	 13		13.82
4.90	0.17	 14		13.65
5.24	0.34	 15	⚡	13.31
5.80	0.56	 16		12.75
6.09	0.29	 17	⚡ Spectators	12.46
6.68	0.59	 18		11.87

0.14





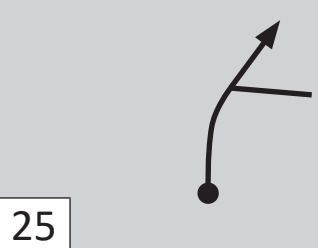
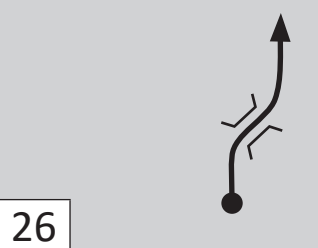
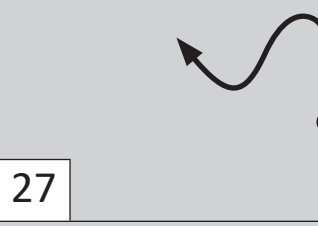
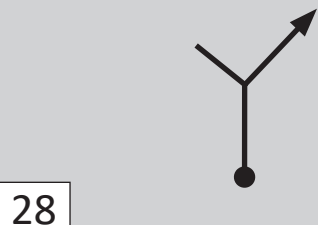

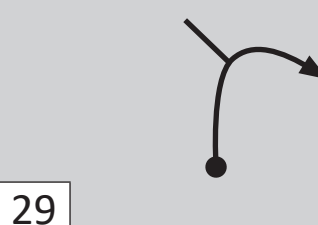
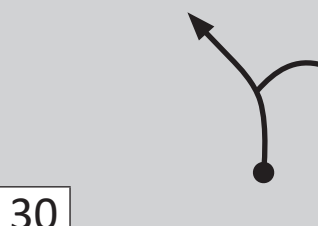
<b>Special Stage</b>	<b>4</b>	<b>Grizedale West - Fieldside &amp; Hillside</b>			
Distance		<b>18.55</b> Miles	Bogey Time	<b>15 Min 55 Sec</b>	Target Time <b>38 Min 00 Sec</b>

Miles		Direction	Information	Miles to TC
Total	Inter			
6.82	0.14	 19		11.73
7.41	0.59	 20	 <b>Spectators</b>	11.14
7.71	0.30	 21		10.84
8.51	0.80	 22	<b>Intermediate Timing Point</b> <b>Do not Stop</b>	10.04
9.36	0.85	 24	 	9.19
9.52	0.16	 24A	<b>Intermediate Timing Point</b> <b>Do not Stop</b>	

0.62



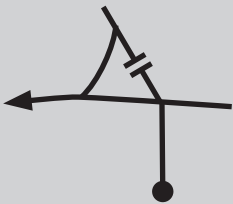





Special Stage	4	Grizedale West - Fieldside & Hillside			
Distance		18.55 Miles	Bogey Time	15 Min 55 Sec	Target Time 38 Min 00 Sec

Miles		Direction	Information	Miles to TC
Total	Inter			
10.14	0.62			8.41
10.22	0.08		Chicane	8.33
10.31	0.09			8.24
10.63	0.32			7.92
11.27	0.64			7.28
11.91	0.64			6.64


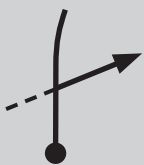
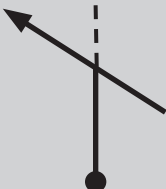




1.03






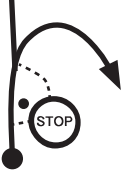


Special Stage	4	Grizedale West - Fieldside & Hillside			
Distance		18.55 Miles	Bogey Time	15 Min 55 Sec	Target Time 38 Min 00 Sec

Miles		Direction	Information	Miles to TC
Total	Inter			
12.94	1.03	 31	⚡	5.61
14.07	1.13	 32		4.48
14.25	0.18	 33		4.30
14.60	0.35	 34	⚡	3.95
15.20	0.60	 35		3.35
15.31	0.11	 36	⚡	3.24
0.37 ↘				

Special Stage	4	Grizedale West - Fieldside & Hillside			
Distance		18.55 Miles	Bogey Time	15 Min 55 Sec	Target Time 38 Min 00 Sec

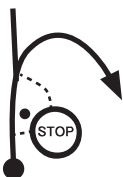




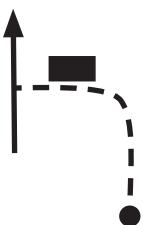
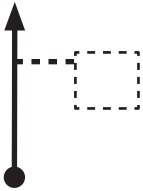

Miles		Direction	Information	Miles to TC
Total	Inter			
15.68	0.37	 37	⚡	2.87
16.09	0.41	 38		2.46
16.43	0.34	 39		2.12
17.14	0.71	 40		1.41
17.60	0.46	 41	⚡ Spectators	0.95
18.31	0.71	 42	⚡	0.24
0.13				

<b>Special Stage</b>	<b>4</b>	<b>Grizedale West - Fieldside &amp; Hillside</b>			
Distance		<b>18.55</b> Miles	Bogey Time	<b>15 Min 55 Sec</b>	Target Time <b>38 Min 00 Sec</b>

Miles		Direction	Information	Miles to Finish
Total	Inter			
18.44	0.13	 43		0.11
18.55	0.11	 44	 <b>Flying Finish SS 4</b>	0.00
18.84	0.29	 45	  <b>Stop Line SS 4</b>	




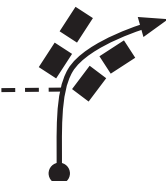
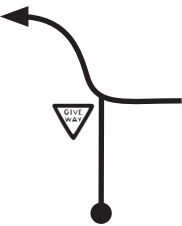





Road Section	RS 4	SF 4	SS4 - Finish		MTC 4	Finish - Coniston	
Distance	12.31	Miles	Target Time	0 Hrs 15 Min	Average Speed	18.36	Mph

Miles		Direction	Information	Miles to TC
Total	Inter			
0.00	0.00	<div>1</div> 	  SF 3	4.59
0.41	0.41	<div>2</div> 		4.18
1.06	0.65	<div>3</div> 		3.53
1.33	0.27	<div>4</div> 	Exit Forest	3.26
1.72	0.39	<div>5</div> 	Spectator Car Park	2.87
2.12	0.40	<div>6</div> 	Brantwood Slow / Quiet	2.47

1.02



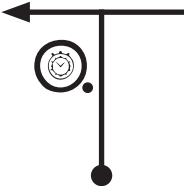
Road Section	RS 4	SF 4	SS4 - Finish		MTC 4	Finish - Coniston	
Distance	12.31	Miles	Target Time	0 Hrs 15 Min	Average Speed	18.36	Mph

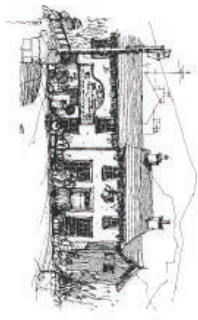
Miles		Direction	Information	Miles to TC
Total	Inter			
3.14	1.02	 7		1.45
3.21	0.07	 8	Slow and Quiet	1.38
3.61	0.40	 9		0.98
4.36	0.75	 10	 Coniston	0.23
4.39	0.03	 11		0.20
4.52	0.13	 12		0.07

0.07



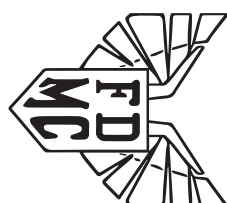
Road Section	RS 4	SF 4	SS4 - Finish		MTC 4	Finish - Coniston	
Distance	12.31	Miles	Target Time	0 Hrs 15 Min	Average Speed	18.36	Mph

Miles		Direction	Information	Miles to TC
Total	Inter			
4.59	0.07	 13	MTC 4	0.00
			If returning to Skelwith Fold to load your car back onto your trailer, follow same route as taken on your way to Service earlier (Tulips from Diagram 12 on Page 38 of this Road Book)	



THE COPPERMINES  
LAKES COTTAGES

# Grizedale Stages 2022



## STAGE TIME RECORDS

Car Number	US								
Driver									
SS 1									
SS 2									
Sub Total									
SS 3									
Sub Total									
SS 4									
Sub Total									
SS 5									
Sub Total									
SS 6									
Other Penalties									
Total									



THE COPPERMINES  
LAKES COTTAGES

# Grizedale Stages 2022

## Results Enquiry Form

This Form Does Not Constitute An Official Protest

Car Number ..... Name .....

Query

Answer